

Nutrition Facts

Serving Size 1 cup (236mL)

Servings Per Container 8

Amount Per Serving

Calories 150 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **1%**

Sodium 250mg **10%**

Potassium 530mg **15%**

Total Carbohydrate 27g **9%**

Dietary Fiber Less than 1g **2%**

Sugars 25g

Protein 11g

Vitamin A 10% • Vitamin C 0%

Calcium 40% • Iron 4%

Vitamin D 25% • Phosphorus 30%