

Nutrition Facts

Serving Size 1 cup (236 mL)

Servings Per Container 8

Amount Per Serving

Calories 100 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 150mg **6%**

Potassium 470mg **13%**

Total Carbohydrate 15g **5%**

Dietary Fiber 0g **0%**

Sugars 14g

Protein 10g

Vitamin A 10% • Vitamin C 0%

Calcium 35% • Iron 0%

Vitamin D 25% • Phosphorus 25%